

## COMMERCIAL NUTRITIONAL SUPPLEMENTS

Product	Portion	CHO (g)	Company	Website/ Phone
Ensure Ensure Plus Enlive	8 oz	46 50 65	Ross	<a href="http://www.ross.com">www.ross.com</a> 800/986-8502
Resource Resource Plus Resource Fruit Beverage Boost Boost Plus Boost Breeze	8 oz	39-47 52 54 41 45 31	Novartis	<a href="http://www.novartisnutrition.com/us/home">http://www.novartisnutrition.com/us/home</a>  <b>OR</b> <a href="http://www.walgreens.com/store/novartis">www.walgreens.com/store/novartis</a>
Nutra /SHAKE Supreme Sugar free High Fibre Citrus Citrus Free	4 oz	32 25 60 44 39	Nutra/Balance Products	<a href="http://www.nutra-balance-products.com">www.nutra-balance-products.com</a> 800/654-3691
NuBasics NuBasics Plus NuBasics Juices	8 oz	33 44 34	Nestle	<a href="http://www.nestleclinicalnutrition.com">www.nestleclinicalnutrition.com</a> 800/776-5446
Scandishakes	3 oz powder	58	Scandipharm	<a href="http://www.cystic-l.org/handbook/html/scandipharm.htm">www.cystic-l.org/handbook/html/scandipharm .htm</a> 800-950-8085
<b>Diabetic Formulas:</b> Choice DM Choice Sugar Free DiabetiSource AC Glucerna Select Glytrol Resource Diabetic	8 oz	24 8-12 26 24 25 23	Novartis Novartis Novartis Ross Nestle Novartis	
Slim Fast	8 oz	40	Slim Fast	<a href="http://www.slim-fast.com">http://www.slim-fast.com</a> 800/7546327
Atkins Advantage Ready-To-Drink Shakes	8 oz	4-5	Adkins	<a href="http://atkins.com/shop/products/ReadyToDrink_Shakes.html">http://atkins.com/shop/products/ReadyToDrink_Shakes.html</a> 800/628-5467

Note: Many larger pharmacy and food chains have their own brands of liquid supplements:

- ◆ Wal-Mart: “Nutritional Supplement”
- ◆ CVS Pharmacy: “Liquid Nutrition”
- ◆ Kroger: “Fortify” and Fortify Plus”
- ◆ Giant: “Nutritional Drink”

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